

BIRKIRKARA ST JOSEPH SPORTS CLUB

SWIMMING BOARD

COROS MALTA-GOZO-MALTA OPEN WATER SWIMMING COMPETITION 2020 REGULATIONS

- 1 Name and Organisation The event shall be known as the Coros Malta-Gozo-Malta Open Water Swimming Competition, hereunder referred to as the event, and shall be organized by Birkirkara St. Joseph Sports Club, hereunder referred to as the Organizers, under the auspices of the Aquatic Sports Association of Malta.
- 2 Date, Time, Route and Fee The event shall be held on Saturday, 29th August, 2020, starting at 6.30 a.m. from Marfa in Malta, proceeding on the shortest possible route towards the island of Comino on to a turn-around point at Ras il-Qala in Gozo and back on the same route to finish on the sandy beach at Marfa in Malta. The approximate distance is 11 kilometres.

The event entry fee is Euros 60 per participant which does not include the accompanying boat.
- 3 Schedule on Race Day 5:30 a.m Signing in of participating swimmers.

5.45 a.m. Roll-call of all participants and the systemizing of helpers in the accompanying boats.

6.30 a.m. Start of Race from Marfa, Malta.
- 4 A. Prerequisites To participate in the Coros Malta-Gozo-Malta Open Water Swimming Challenge 2020 an applicant should:

 - i. submit to the Organizers the Race Entry Form and the Agreement entitled "Events Registration, Release and Waiver of Liability and Assumption of Risk and Indemnity" issued by Birkirkara St. Joseph Sports Club in respect of events organised by the said Club, duly filled accompanied by the Race Entry Fee and any other fees as the case may be;
 - ii. attach to the Race Entry Form a recent medical certificate at least issued during the previous month;
 - iii. have taken part in any three of the two-kilometre events in the Birkirkara St. Joseph Open Water Swimming Championships 2020;
 - iv. have taken part in the four-kilometre event of the Birkirkara St. Joseph Open Water Swimming Championships 2020 held prior to the Coros Malta-Gozo-Malta Open Water Swimming Competition 2020, and registered a time equal to or less than 1 hour 20 minutes;
 - v. Taken part in a past edition of the channel swim organised by the Club; or
 - vi. in the case of a non-Maltese nationality, attach to the Entry Form a letter from either his/her coach, or his/her club or his/her national federation, stating that the applicant has been training long distance swimming and the number of months he/she has been undergoing such training. (Upon a

professional advice the organizers reserve the right to reject such a certificate.)

- B. Interview At the discretion of the Club's Swimming Board, an applicant may be asked to sit for an interview with the said Board, before having his/her application approved and accepted.
- 5 Time Limit A time limit of five hours shall be applicable for the event. The Event Time-keeper shall communicate with the Event Judge the moment the prescribed time shall elapse. Swimmers still in the water will be asked to abandon the swim and no official time will be given.
- 6 Closing Date of Applications The official event Entry Forms and the Agreement as mentioned in Para. 4.(i) of these Regulations, including payment and medical certificate, should be forwarded to the organizers by not later than Saturday, 15th August, 2020. Late applications will carry an additional fee of Euro 20.00. No applications will be accepted after the 22nd August, 2020.
- 7 Entry Fee The event's entry fee should be Euro 60.00 and should be accompanied by the official Entry Form and the Agreement as mentioned in Para. 4.(i) of these Regulations. Documents not properly filled shall not be considered.
- 8 Accompanying Boats Throughout the whole event, swimmers should be accompanied by a motor boat, at least 13 feet long, but not longer than 25 feet. Swimmers are to keep as close as possible to their respective escort boat without touching it at any time. Swimmers are to ensure that they provide any safety equipment of their choice in case they would need it in an emergency.
- Swimmers with a gap of more than three metres from the escort boat, shall be given a warning to regularize their position. A second warning for breaching this rule, will result in an immediate disqualification. (The Yellow/Red Card/Flag system should be applicable).
- The organizers shall provide a number, equivalent to the one assigned to the applicant, which number shall be attached in a prominent place on the escort boat, and which should be easily visible to the event referee.
- All escort sea crafts are to abide strictly with the relative Transport Malta Regulations.
- 9 Finish Buoy The event finish shall be at a point placed by the organizers on the sandy beach at Marfa, Malta. Finishing times are recorded the instant swimmers hit the Finish.
- 10 Pre-Event Meeting A meeting for all participating swimmers shall be held on Tuesday, 25th August, 2020 at 7.00 p.m. at a venue to be advised by the organizers. Helpers and boat owners are advised to attend this meeting. During this meeting the event shall be reviewed for the benefit of everyone involved. Applicants who shall be unable to attend to this pre-event meeting, should send their representatives (the persons who will be accompanying them during the event) who should agree to take full responsibility of explaining in detail to the respective applicants, the proceedings of the meeting. Should neither the applicant nor his/her appointed representative be present for this meeting, the relative entry form shall be withdrawn and the entry fee, less 20% administration charges, reimbursed.
- 11 Trophies Trophies shall be awarded to the first three places in the Male and Female categories, and to the first Male and Female in the other categories as specified in the entry form.
- 12 Swimming Caps Swimming caps are to be approved and numbered at the meeting held by the organizers on the 25th August, 2020. Participants shall not be

allowed to wear any blue, black or silver coloured swimming caps. Swimmers turning up for the race without the approved cap shall be disqualified.

- 13 Wetsuits Swimmers are not allowed to wear wetsuits.
- 14 Disqualification A boat assigned by the organizers, shall be patrolling and marshalling the event. The Event Judge shall be on board this boat. On breaching of any rules of the event by a participant, this boat shall approach the said participant and a warning shall be conveyed to the swimmer. (The Yellow/Red Card/Flag system should be applicable). A second warning shall result in an immediate disqualification from the event. In such a case, the participant should abandon the swim immediately and board his accompanying boat. If, following a disqualification notice, a swimmer continues the event, the organizers shall not be held responsible for his safety, etc. and the swimmer shall not be allowed to participate the following year.
- 15 Difficulties during the event Should a participant encounter any difficulties during the event, s/he should abandon the swim immediately, board on or be given assistance by the accompanying boat, and inform the organizers immediately on the mobile telephone numbers issued for such an eventuality.
- 16 Cancellation of Event As from two days prior to the event, arrangements shall be made by the organizers to be forwarded by expert analyses of the weather conditions on the event's route. On the eve of the event, a decision whether the event shall be held or not due to the forecasted weather conditions, shall be taken. Should the organizers be advised to cancel the event, the participants will be informed accordingly through an SMS and/or on the Club website, by not later than 6.00 p.m. Should the event be cancelled, a refund, less 20% administration charges, of the payments made to the organizers shall be made. Full refund of payments forwarded to the Organisers in respect of the hire of an escort boat will be effected.

Should the weather conditions be acceptable, but jellyfish are prevalent on the race route, it shall be up to each participating swimmer whether to compete or not. The decision should be solely his/hers and the organizers shall not be held responsible for any eventual mishap. Since a decision to cancel participation due to jellyfish can only be taken just before the event, an applicant shall not be able to claim a refund of the payments made to the Organizers.
- 17 Advertising Material The only advertising material of a commercial nature allowed to be exhibited during the event, should be that approved by the organizers.
- 18 Interpretation of these Rules The organizers are the sole interpreters of these Rules, and all decisions taken by them or on their behalf shall be final.



BIRKIRKARA ST JOSEPH SPORTS CLUB

SWIMMING BOARD
Affiliated to the Aquatic Sports Association of Malta
Registered with the Kunsill Malti għall-Isport

COROS MALTA-GOZO-MALTA

OPEN WATER SWIMMING COMPETITION 2020

Saturday, 29th August, 2020 at 6.30 a.m. CLOSING DATE FOR ENTRIES: Saturday, 15th August, 2020

ENTRY FORM

NAME _____

Race Number

SURNAME _____

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ADDRESS _____

DATE OF BIRTH _____
(Minimum age on day of event: 14 years)

Male

Female

Mobile No.: _____ Emergency Mobile No.: _____

e-mail address: _____

RACE CATEGORIES (Please tick where appropriate)

- OPEN** (18 years of age and older by Dec 31, 2020)
All official entries automatically qualify
- UNDER 17** (Born 2003, 2004, 2005, 2006)
- MASTERS 'A'** (Ages 30 to 40 by Dec 31, 2020)
- MASTERS 'B'** (Ages 41 to 50 by Dec 31, 2020)
- MASTERS 'C'** (Aged 51+ by Dec 31, 2020)

PAYMENTS

€

Event Registration Fee: €60.00

Accompanying Boat @ €150.00

Total: (Please make cheque payable to Birkirkara St. Joseph Sports Club)

DISCLAIMER

I, the undersigned, declare and confirm that I have read and understood the contents and import of this document, and the event Regulations and the Agreement entitled "Events Registration, Release and Waiver of Liability and Assumption of Risk and Indemnity" issued by Birkirkara St. Joseph Sports Club in respect of events organized by the said Club. I agree to be bound by the regulations of this event. I also declare that the above particulars are complete and correct in every detail.

SIGNATURE: _____ Date: _____
(Parent's/Guardian's Signature (if under 18 years of age))

Return completed form and remittance to: Tel: 79289391, 99466256
Birkirkara St. Joseph Sports Club, c/o "Ghansal", 39, Triq is-Silla, Marsascala

FOR OFFICE USE

Received the amount of € _____ by Cash/Cheque No. _____

Issued by _____

Notes: