



BIRKIRKARA ST JOSEPH SPORTS CLUB

CALENDAR OF EVENTS 2018

running – cycling – swimming – triathlon

DATE	EVENT	VENUE	DISTANCES	TIME
20th May	Ocean Lava Malta Middle Distance Tri	Salina	1,900 metres swim, 90 kilometres bike, 21 kilometres run	06:30 hrs
7th June	Open Sea Swim 1	TBA	2 kilometres	TBA
10th June	Sprint Triathlon 1	Salina	750m swim, 20K bike, 5K Run	07.30 hrs
13th June	Open Sea Swim 2	Salina	2 kilometres	18.30 hrs
17th June	BSJ Cycling Individual Time Trial	Mtarfa By-Pass	20 kilometres	08:00 hrs
19th June	5K Running Series 1	Mtarfa By-Pass	5 kilometres	19.30 hrs
4th July	Open Sea Swim 3	Salina	2 kilometres	18:30 hrs
8th July	Sprint Triathlon 2	Salina	750m swim, 20K bike, 5K Run	07.30 hrs
11th July	Open Sea Swim 4	Salina	2 kilometres	18.00 hrs
17th July	5K Running Series 2	Mtarfa By-Pass	5 kilometres	19.00 hrs
25th July	Open Sea Swim 5	Salina	2 Kilometres	18.00 hrs
1st August	Open Sea Swim 6	Salina	4 kilometres	17.00 hrs
8th August	Reserved for OWS Postponement	Salina	To be advised	18:00 hrs
14th August	5K Running Series 3	Mtarfa By-Pass	5 kilometres	18:30 hrs
25th August	(Malta)-Gozo-Malta Open Sea Swim	(Marfa)-Qala-Marfa	5.5 kilometres (11 kilometres)	05.15 hrs at old Marfa Quay
9th September	Sprint Triathlon 3	Salina	750m swim, 20K bike, 5K Run	07.30 hrs
23th September	Sprint Triathlon 4	Salina	750m swim, 20K bike, 5K Run	08.00 hrs
30th September	Reserved for Sprint Triathlon Postponement	Salina		08.00 hrs
23 rd November	Malta International Challenge Marathon 1	Siggiewi	10 Miles (16 Kilometres)	13.00 hrs
24 th November	Malta International Challenge Marathon 2	Marsascala	5 Kilometres	14.00 hrs
25 th November	Malta International Challenge Marathon 3	Bugibba	Half Marathon (21 Kilometres)	08.00 hrs
13 th December	BSJ 10K/5K Road Races and Walk	Fleur-de-Lys, Birkirkara	10 kilometres / 5 kilometres	08.30 hrs

Important Information:

Events Information Telephone Number: 00356 99 46 62 56

Results: results for all the events will be posted on the Club website www.bkarastjoseph.com

Swimming: the venues for the six events of the Birkirkara St. Joseph Open Water Swimming Competition shall be notified on the Club's website a day prior to the event.

Regulations and Disclaimer: Participants should be fully conversant with the events' regulations before forwarding their respective entry forms, disclaimers and the "EVENTS REGISTRATION, RELEASE AND WAIVER OF LIABILITY AND ASSUMPTION OF RISK AND INDEMNITY" Agreement duly signed. (Entry Forms, Regulations and Disclaimers for all Club events may be downloaded from the Club's website www.bkarastjoseph.com)

Entry Forms: Participation in any of the Club events shall be prohibited unless the appropriate entry form is submitted to the organizers in accordance with the relative regulations prior to an event.

Although every effort shall be made for the events in this calendar to be held on the scheduled dates, venues and times, the Organisers reserve the right to effect changes should they so deem necessary.



BIRKIRKARA ST JOSEPH SPORTS CLUB

CALENDAR OF EVENTS 2019

running – cycling – swimming – triathlon

DATE	EVENT	VENUE	DISTANCES	TIME
19th May	Ocean Lava Malta Middle Distance Tri	Salina	1,900 metres swim, 90 kilometres bike, 21 kilometres run	06:30 hrs
5th June	Open Sea Swim 1	Salina	2 kilometres	18.30 hrs
9th June	Sprint Triathlon 1	Salina	750m swim, 20K bike, 5K Run	07.30 hrs
12th June	Open Sea Swim 2	Salina	2 kilometres	18.30 hrs
16th June	BSJ Arch Criterium	Fleur-de-Lys		08:00 hrs
18th June	5K Running Series 1	Mtarfa By-Pass	5 kilometres	19.30 hrs
3rd July	Open Sea Swim 3	Salina	2 kilometres	18:30 hrs
7th July	Sprint Triathlon 2	Salina	750m swim, 20K bike, 5K Run	07.30 hrs
10th July	Open Sea Swim 4	Salina	2 kilometres	18.00 hrs
16th July	5K Running Series 2	Mtarfa By-Pass	5 kilometres	19.00 hrs
21st July	Malta International Challenge Marathon – Training Run – Stage 1	Siggiewi	16 kilometres	07.30 hrs
24th July	Open Sea Swim 5	Salina	2 Kilometres	18.00 hrs
28th July	Malta International Challenge Marathon – Training Run – Stage 3	St. Paul's Bay	21 kilometres	07.30 hrs
31st July	Open Sea Swim 6	Salina	4 kilometres	17.00 hrs
7th August	Reserved for OWS Postponement	Salina	To be advised	18:00 hrs
13th August	5K Running Series 3	Mtarfa By-Pass	5 kilometres	18:30 hrs
24th August	(Malta)-Gozo-Malta Open Sea Swim	(Marfa)-Qala-Marfa	5.5 kilometres (11 kilometres)	05.15 hrs at old Marfa Quay
1st September	Sprint Triathlon 3	Salina	750m swim, 20K bike, 5K Run	07.30 hrs
22nd September	Sprint Triathlon 4	Salina	750m swim, 20K bike, 5K Run	08.00 hrs
29 th September	Reserved for Sprint Triathlon Postponement	Salina		08.00 hrs
22 nd November	Malta International Challenge Marathon 1	Siggiewi	10 Miles (16 Kilometres)	13.00 hrs
23 rd November	Malta International Challenge Marathon 2	Marsascala	5 Kilometres	14.00 hrs
24 th November	Malta International Challenge Marathon 3	Bugibba	Half Marathon (21 Kilometres)	08.00 hrs
13 th December	BSJ 10K/5K Road Races and Walk	Fleur-de-Lys, Birkirkara	10 kilometres / 5 kilometres	08.30 hrs

Important Information:

Events Information Telephone Number: 00356 99 46 62 56

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Birkirkara St. Joseph Sports Club, Administration Office, 179, Bwieraq Street, Birkirkara BKR 1214 Malta.
Tel: 0035699466256. Website: www.bkarastjoseph.com



BIRKIRKARA ST JOSEPH SPORTS CLUB

CALENDAR OF EVENTS 2020

running – cycling – swimming – triathlon

DATE	EVENT	VENUE	DISTANCES	TIME
17th May	Ocean Lava Malta Middle Distance Tri	Salina	1,900 metres swim, 90 kilometres bike, 21 kilometres run	06:30 hrs
3rd June	Open Sea Swim 1	Salina	2 kilometres	18.30 hrs
7th June	Sprint Triathlon 1	Salina	750m swim, 20K bike, 5K Run	07.30 hrs
10th June	Open Sea Swim 2	Salina	2 kilometres	18.30 hrs
14th June	BSJ Arch Criterium	Fleur-de-Lys		08:00 hrs
16th June	5K Running Series 1	Mtarfa By-Pass	5 kilometres	19.30 hrs
1st July	Open Sea Swim 3	Salina	2 kilometres	18:30 hrs
5th July	Sprint Triathlon 2	Salina	750m swim, 20K bike, 5K Run	07.30 hrs
8th July	Open Sea Swim 4	Salina	2 kilometres	18.00 hrs
14th July	5K Running Series 2	Mtarfa By-Pass	5 kilometres	19.00 hrs
19th July	Malta International Challenge Marathon – Training Run – Stage 1	Siggiewi	16 kilometres	07.30 hrs
22nd July	Open Sea Swim 5	Salina	2 Kilometres	18.00 hrs
26th July	Malta International Challenge Marathon – Training Run – Stage 3	St. Paul's Bay	21 kilometres	07.30 hrs
29th July	Open Sea Swim 6	Salina	4 kilometres	17.00 hrs
5th August	Reserved for OWS Postponement	Salina	To be advised	18:00 hrs
11th August	5K Running Series 3	Mtarfa By-Pass	5 kilometres	18:30 hrs
29th August	(Malta)-Gozo-Malta Open Sea Swim	(Marfa)-Qala-Marfa	5.5 kilometres (11 kilometres)	05.15 hrs at old Marfa Quay
6th September	Sprint Triathlon 3	Salina	750m swim, 20K bike, 5K Run	07.30 hrs
20th September	Sprint Triathlon 4	Salina	750m swim, 20K bike, 5K Run	08.00 hrs
27 th September	Reserved for Sprint Triathlon Postponement	Salina		08.00 hrs
27 th November	Malta International Challenge Marathon 1	Siggiewi	10 Miles (16 Kilometres)	13.00 hrs
28 th November	Malta International Challenge Marathon 2	Marsascala	5 Kilometres	14.00 hrs
29 th November	Malta International Challenge Marathon 3	Bugibba	Half Marathon (21 Kilometres)	08.00 hrs
13 th December	BSJ 10K/5K Road Races and Walk	Fleur-de-Lys, Birkirkara	10 kilometres / 5 kilometres	08.30 hrs

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